

# Harpal Singh Selhi, M.B.B.S., M.S.

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## EDUCATION

6/1997 – 1/2001	<b>Dayanand Medical College and Hospital</b> , Ludhiana, India Senior Resident, Department of Orthopedic Surgery
2/1997 – 6/1997	<b>Government Medical College and Hospital</b> , Chandigarh, India Senior Resident, Department of Orthopedic Surgery
1/1994 – 12/1996	<b>Dayanand Medical College and Hospital</b> , Ludhiana, India Master of Surgery (M.S.), Department of Orthopedic Surgery
7/1988 – 12/1993	<b>Dayanand Medical College and Hospital</b> , Ludhiana, India Bachelor of Medicine and Bachelor of Surgery (M.B.B.S.) – Equivalent to M.D.

## HONORS

**Paper “Outcome in Patients with Infected Nonunion of the Long Bones Treated with Reinforced Antibiotic Bone Cement Rod (RABC)”** was selected as one of top three presentations at OTA 2009 and has been published as Highlight article in Journal of Orthopedic Trauma.

**World Orthopaedic Concern SICOT Travel Scholarship (San Diego, 2002)**

**Best Performance Award in AADO Bioskill Course in Fracture Fixation (Hong Kong, 2001)**

**AO/ASIF Faculty for Trauma Courses (2004 – present)**

**AO/ASIF Faculty for ORP Courses (2009)**

**AO/ASIF Course Chairman (2013)**

**AO/ASIF Tips for Trainers Course at Chennai, January 2008**

Ludhiana Traveling Fellowship of North Zone Indian Orthopedic Association (2000)

**Gold Medal Award** (1<sup>st</sup> Place in DMC) in 2<sup>nd</sup> Professional Examination, MBBS (1991)

**Silver Medal Award** (2<sup>nd</sup> Place in Punjab University, Chandigarh) in 2<sup>nd</sup> Professional Examination, MBBS (1991)

National Merit Scholarship in Class X (AISSE), CBSE, New Delhi (1986)

## FELLOWSHIPS

9/2004 – 1/ 2005	<b>Johns Hopkins Medical Center</b> , Baltimore, MD Post-Doc Fellow, Division of Sports Medicine – Dr. Edward McFarland
4/2001 – 10/ 2001	<b>National University Hospital</b> , Singapore Clinical Fellow, Division of Adult Joint Reconstruction and Arthroscopic Surgery
9/2000 – 12/2000	<b>Clinique Longeraie and University Hospital</b> , Lausanne, Switzerland Fellow, Department of Hand Surgery
April – May, 1999 Australia	<b>Austin &amp; Repatriation Center and Warringal Private Hospital</b> , Melbourne, Visiting Fellow, Division of Knee Surgery – Dr. J. Bartlett

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## WORKSHOPS

12/2013	<b>AO Pelvic Course</b> , Davos, Switzerland
04/2009	<b>AO Pelvic Course with Cadaveric Dissection</b> , New Delhi, India
01/2008	<b>AO/ASIF Tips for Trainers Course</b> , Chennai, India
10/2006	<b>Joint Replacement State of the Art (JRSOA)</b> , Bangalore, India
11/2006	<b>AO Masters Forum (Masters Course)</b> , New Delhi, India
04/2004	<b>AO LCP Course</b> , New Delhi, India
03/2004	<b>AO Course: Advances in Fracture Management</b> , New Delhi, India
10/2003	<b>Joint Replacement State of the Art (JRSOA)</b> , Mumbai, India
12/2001	<b>CUHK-AADO Comprehensive Bioskill Course</b> , Hong Kong
10/2000	<b>World Tribology Forum</b> , Montreux, Switzerland
01/2000	<b>IndoGerman Orthopaedic Foundation Total Knee Replacement &amp; Arthroscopy</b> , Amritsar, India
11/1998	<b>AO Basic Fracture Course</b>
10/1998	<b>IndoGerman Orthopaedic Foundation Total Knee Replacement &amp; Arthroscopy</b> , New Delhi

## WORK EXPERIENCE

4/2006 – Present	<b>Dayanand Medical College and Hospital</b> , Ludhiana, India Associate Professor and Senior Consultant in Orthopedic Surgery Position involves clinical responsibilities at DMC&H (an 1100-bed tertiary care teaching hospital), undergraduate medical education, and training of residents. Responsibilities also include the annual mentoring of one resident in a thesis-driven research project.
1/2001 – 4/2006	<b>Dayanand Medical College and Hospital</b> , Ludhiana, India Assistant Professor and Consultant in Orthopedic Surgery Position involved junior faculty clinical responsibilities at DMC&H, undergraduate medical education, and training of residents.

## VOLUNTEER EXPERIENCE

1/2001	<b>Medical Relief Team</b> , Gujarat, India Participated in medical relief mission from DMC Hospital to assist earthquake victims.
11/2001	<b>Medical Relief Team</b> , Punjab, India Participated in medical relief mission from DMC Hospital to assist victims of train mishap.

## M.S. THESIS

The role of Steffee's variable screw placement system in thoracolumbar spine injuries

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## PUBLICATIONS

1. Jain D, SidhuGS, Selhi H S, Mears SC, Yamin M, Mahindra P, Pannu HS: Early Results of a Geriatric Hip fracture program in India for Femoral Neck Fracture., *Geriatric Orthopaedic Surgery & Rehabilitation* 2151458514567341, first published on January 14,2015 as doi:10.1177/2151458514567341
2. Selhi HS, Mahindra P, Yamin M, Jain D, De Long WG Jr, Singh J. Outcome in patients with an infected nonunion of the long bones treated with a reinforced antibiotic bone cement rod. *J Orthop Trauma.* 2012 Mar;26(3):184-8.
3. Gogna P, Selhi HS, Mohindra M, Singla R, Thora A & Yamin M. Ulnar Styloid Fracture in Distal Radius Fractures Managed with Volar Locking Plates: To Fix or Not? *J Hand Microsurg*, DOI 10.1007/s12593-014-0133-7
4. Gogna P, Selhi HS, Singla R, Devgan A, Magu NK, Mahindra P, Yamin M. Dorsally Comminuted Fractures of the Distal End of the Radius: Osteosynthesis with Volar Fixed Angle Locking Plates. *ISRN Orthopedics*, vol. 2013, Article ID 131757, 6 pages, 2013. doi:10.1155/2013/131757
5. Gogna P, Selhi HS, Singla R, Mohindra M, Batra A, Mukhopadhyay R, Rohilla R, Yadav U. Osteosynthesis with long volar locking plates for meta- physeal-diaphyseal fractures of the distal radius. *Chinese Journal of Traumatology* 2013;16(6):339-343
6. Mahindra P, Yamin M, Garg R, **Selhi HS**, Singla S. [Anthropometric Measurements of the Indian Knee for Total Knee Arthroplasty.](#) *J Bone Joint Surg Br* 2012; 94-B (S XXV): 134
7. **Selhi HS**, Jain D, Mahindra P, Yamin M. Indigenously developed Topical Negative Pressure(TNP) therapy in open fractures and infected traumatic wounds. *Indian Journal of Research and Reports in Medical Sciences. IJRRMS* 2013; 3(1):5-8
8. Jain D, **Selhi HS**, Mahindra P, Yamin M. Results of Proximal Tibial fractures managed with parietal locking plated: A case series of 34 patients. *Indian Journal of Research and Reports in Medical Sciences. IJRRMS* 2012; 2(4):1-5.
9. Jain D, **Selhi HS**, Mahindra P, Yamin M. Radial Nerve Palsy with fracture shaft of humerus treated with early limited nerve exploration and Internal Fixation. *National J of Integrated Research in Medicine. NJIRM* 2012; 3(5):8-13
10. Jain D, Selhi HS, Yamin M. Lymphangioma presenting as juxta-articular swelling in children: a case series. *APSP J Case Rep.* 2013; 4(2): 30
11. Mahindra P, Bassi JL, Bassi D, Yamin M, Garg R, **Selhi HS** and Jain D. Shoe lace suture technique for management of lower limb diabetic amputations- a study of 24 cases. *Pb Journal of Orthopaedics* 2011; 12(1):31-33.
12. Bassi JL, Mahindra P, Singh N, **Selhi HS**, Garg R. Provisional plating of Type III open fractures prior to intramedullary nailing. *J Orthop Trauma.*2006 May; 20(5):372-373.
13. Park HB, Keyurapan E, Gill HS, **Selhi HS**, McFarland,E.G: Suture anchors and tacks for shoulder surgery. Part II: The prevention and solution of complications. *Am j Sports Med:* 34(1):136-144, 2006.

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14. McFarland EG, **Selhi HS**, Keyurapan E. Clinical evaluation of impingement: What to do and what works. Instr Course Lect. 2006;55:3-16
15. Bassi JL, Mahindra P, Singh N, **Selhi HS**, Garg R. Provisional plating of Type III open fractures prior to intramedullary nailing. J Orthop Trauma.2006 May; 20(5):372-373
16. McFarland EG, **Selhi HS**, Keyurapan E. Clinical evaluation of impingement: What to do and what works. J Bone Joint SurgAm.2006;88(2);432-441
17. McFarland EG, Park HB, Keyurapan E, Gill HS, **Selhi HS**: Suture anchors and tacks for shoulder surgery. Part 1: Biology and biomechanics. Am J Sports Med 33(12):1918-1923, 2005.
18. Bassi JL, Yamin M, **Selhi HS** and Goel S. Unreamed tibial interlocking nail (AO/ASIF UTN) in tibial shaft fractures using a new distal targeting device: An experience of first 20 cases. Ind J Orthop 2001; 35(2): 20-24.
19. Bassi JL and **Selhi HS**. A modified technique for closed reduction of modular hip prosthesis dislocation: Bassi's method. Turkish Journal of Arthroplasty and Arthroscopic Surgery 2000; 11(2):193-194.
20. Bassi JL and **Selhi HS**. Reamed versus unreamed nails. J Bone Joint Surg 1999; 81-B:741-742.
21. Bassi JL, Yamin M, **Selhi HS** and Saluja GS. Unreamed Humeral Nail (AO/ASIF UHN) in management of fracture shaft humerus without image intensifier with a new distal locking device. Ind J Orthop 1999; 33(1): 54-57.
22. **Selhi HS**, Sobti MK, Yamin M, Bassi JL. Variable screw plate system in management of thoracolumbar injuries: Experience of first 28 cases. Ind J Orthop 1999; 33(2): 95-100.
23. Bassi JL, Ahuja SC, **Selhi HS** et al. Clinical and treatment analysis of Multiple Myeloma. Punjab Journal of Orthopaedics 1998;II (1): 16-20.
24. **Selhi HS**, Yamin M, Bassi JL. An unusual implant breakage in dynamic hip screw: A case report. Punjab Journal of Orthopaedics 1998;II (1): 37-38.

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## BOOK CHAPTERS AND CONTRIBUTIONS

1. McFarland EG, Selhi HS (2005). Anterior Instability of the Shoulder. In JA Cosgarea (Ed.), **Hospital Physician Orthopaedic Sports Medicine Board Review Manual**. Wayne, PA: Turner White Communications. 1(Pt 3):1–12.
2. Edward G McFarland (Selhi HS, contributor). **Examination of the Shoulder: The Complete Guide**. Thieme Medical Publishers, NY 2006.
3. McFarland EG, Selhi HS, Garzon-Muvdi J, Petersen SA. Evaluation and initial treatment of shoulder injuries. In: Dhillon MS (ed). **First Aid & Emergency Management in Orthopedic Injuries**. New Delhi: Jaypee Brothers Medical Publishers, 2012:100-105.

## PRESENTATIONS

At International forums as oral and poster presentations i.e. SICOT 1999 & 2002, SOA 2001 and OTA 2009, 2011.

At National level as invited speaker and free paper presentations on various occasions.

## ACCOMPLISHMENTS

President, Ludhiana Orthopaedic Association (2013-15)

Organizing Secretary, ISSH Hand Course (2009)

Organizing Secretary, IOA Hand Course (2005)

Joint Organizing Secretary of Annual Conference of Zonal Chapter (2000)

Secretary of Ludhiana Orthopaedic Association (2007-2009, 2009-2011)

Executive Member of Indian Orthopaedic Association (2002-2005, 2006-2009)

## LICENSURE

Master of Surgery (M.S.) in Orthopaedic Surgery, Punjab Medical Council

## SOCIETIES

Indian Medical Association

Indian Orthopedic Association

World Orthopedic Concern

AO Trauma

Orthopedic Trauma Association (OTA)

## HOBBIES / INTERESTS

Traveling / Sightseeing

Bhangra (Punjabi folk dance)

Sporting activities (football, cricket)

Photography